



Herts Youth Inclusive Football COVID 19 Risk Assessment

Activity: Inclusive Friendly Matches organised by clubs who are members of the HYIF Committee, held on agreed dates at Watford FC's Training Dome.

Assessed by: Tracy Light

Date: 15th October 2020

HERTS YOUTH INCLUSIVE FOOTBALL RISKS AND ACTIONS

Issue	Who might be affected	Current Risk	Agreed	Action needed	Action by whom?	Target date	Residual Risk level
<p>Note: This risk assessment expressly excludes: inclusive football tournament matches, football festivals, club social events; and any footballing activities other than friendly matches.</p>							
1 - Communication of Activities and Safety Measures	Players, Coaches, Helpers, Club members	High	<p>HYIF shall communicate the FA COVID-19 guidance and rules alongside this risk assessment and plans to all HYIF club committee members taking part in the friendlies.</p> <p>The clubs shall brief their players of the specific requirements, guidelines and rules relating to COVID safety and what will be expected of them.</p> <p>All players shall complete a consent form acknowledging and accepting the risk or COVID-19 direct with their club and agreeing to comply with measures to minimise it's spread</p>	<p>All clubs involved in the friendlies to complete the Watford agreement – Dome Usage External Users COVID agreement. They are required to acknowledge that they have read and understand the COVID-19 rules and guidelines, as well as this risk assessment and the Watford FC CSE Trust risk assessment, and acknowledge the risks and their duty to minimise these risks.</p> <p>Clubs are responsible for participants to provide their consent and registration of players. Players who do not complete this will not be allowed to attend.</p> <p>The Club shall ensure all participants are aware of the COVID-19 Self Assessment Check and undertake a self assessment prior to every training session and/or match.</p> <p>HYIF and Watford FC CSE Trust shall reserve the right remove any participant who does not adhere to the FA and Government rules and guidelines of the risk assessment.</p> <p>Clubs/Coaches and HYIF must take immediate and necessary action to reduce risk where a</p>	<p>HYIF Clubs</p> <p>All participants</p> <p>Clubs</p> <p>Clubs</p> <p>HYIF</p> <p>HYIF Clubs</p>	24 th October 2020, on-going thereafter	Medium

				<p>danger arises.</p> <p>All incidents and concerns must be reported to the HYIF COVID officer within 12 hours, or earlier.</p> <p>Watford FC CSE Trust /HYIF reserves the right to suspend friendly matches/events without notice on the grounds of safety. In the event that they do not feel that a session can be carried out in compliance with FA and Government rules and guidelines or this risk assessment, then they should stop the session or match.</p>	Clubs		
2 - Control and Authorisation of Friendly Matches	Players, Coaches, Helpers, Club members	High	<p>HYIF and the Committee of Clubs shall plan each friendly match so HYIF can keep record of all activities.</p> <p>All participants must be correctly registered with the clubs, that being that that the player has completed a club registration form</p> <p>A player cannot attend any event, without completing a club registration form.</p>	<p>Each session will be planned to ensure it complies with the safety guidance.</p> <p>The Clubs will ensure all participants who attend have completed the online registration process and additional COVID-19 consents.</p> <p>The Clubs shall follow any obligations that apply to it as identified by Watford FC's own risk assessment (as identified in Watford Dome section below) and communicate this to the club's participants as part of the briefings and through social media.</p> <p>The Clubs will ensure that the numbers of expected participants are known prior to a session and communicate this to Watford.</p>	Clubs	24 th October, on-going thereafter	Medium
3 - Participant Safety Risk Awareness and Consent	Players, Coaches, Helpers,		All participants must provide additional consent (alongside the usual consent provided in the Club Registration Form) to participate in	The club shall adopt a COVID-19 Safety Officer who is responsible for the implementation and compliance of COVID-19 safety measures.	Clubs	24 th October, ongoing thereafter	Medium

	Club members		<p>any session until further notice. Failure to complete the Club Registration and COVID-19 Consent Form will mean the participant will be unable to take part in any event.</p> <p>Participants accept and understand the risks and challenges of the COVID-19 pandemic; and shall implement and adopt all safety protocols required to significantly minimise the contraction or spread of the virus, however there can be no certainty that the risk of contracting the virus will be completely eliminated.</p>	<p>The Club will communicate all risk assessments, rules and guidance to participants and coaches (refer to Communication of Activities and Safety Measures).</p> <p>HYIF shall provide a summary checklist of this guidance and a COVID guidance self assessment to assist clubs to ensure that participants understand the risks and their role in this as a player. This will be provided to clubs prior to the registration process and must be read and agreed by all participants.</p>			
4 - COVID-19 Self Assessment/Check	Players, Coaches, Helpers, Club members		<p>Prior to any match, all participants shall perform a COVID-19 Self Assessment/Check.</p> <p>Coaches and club officials must remind and communicate to participants the need to conduct a COVID-19 Self Assessment/Check before every training session and/or match.</p>	<p>If a participant has any symptoms or fail any of the checks below then they MUST NOT attend:</p> <ul style="list-style-type: none"> - A high temperature (above 37.8C). - A new continuous cough. - Shortness of breath. - A sore throat. - Loss of or a change of normal sense of taste and smell. - Feeling generally unwell. - Persistent tiredness. - Been in close contact/living with somebody who is suspected or has tested positive for COVID-19. <p>Further guidance about this and when it is safe to return to training can be found in the COVID Self Assessment document to be provided by HYIF.</p>	All participants	24 th October and ever session thereafter	Medium

5 – Friendly Match Session Planning	Players, Coaches, Helpers, Club members		<p>Club /Coaches/HYIF must plan all sessions such that they can adhere to FA and Government rules and guidelines AT ALL TIMES.</p> <p>Unless Watford FC specify a lower number, a group shall not consist of more than 30 people which includes all players, coaches, helpers and club officials.</p> <p>Club Coaches/HYIF shall agree the details of each planned match with the clubs in advance of each session.</p> <p>Club Coaches/HYIF should ensure that all planned warm ups/pre match drills conform to the FA rules and requirements. Warm-ups and cool-downs shall adhere to social distancing.</p> <p>Club Coaches/HYIF must provide an area big enough for each participant’s possessions to be placed that adheres to social distancing measures (ie: 2m or more) between each person’s belongings and away from the equipment.</p>	<p>Club Coaches /HYIF shall start and finish their session promptly in case other teams are due to arrive/ leave.</p> <p>Club Coaches/HYIF must minimise the touching of equipment and footballs when planning drills/exercises / match play. Where a participant will be touching equipment regularly (e.g. goalkeeper) then they should wear gloves and/or the coach shall regularly sanitise the equipment.</p> <p>Sessions must:</p> <ul style="list-style-type: none"> - Minimise the amount of time players are in close proximity to each other for extended periods of time (e.g. marking on corner/free kick training). - ensure social distancing (2 metres) is adhered to when conducting training team talks - consider the use of cones/markers to enforce this -include regular hygiene breaks within the session to sanitise hands and equipment <p>All equipment must be sanitised at the end of the session and only handled by the club coaches</p>	Coaches / HYIF Club Coaches	24 th October and every session thereafter	Medium
6 – Matches	Players, Coaches, Helpers,		Clubs should arrive to matches already in their clean kit. Players shall be responsible for taking their own kit and bibs home to wash.	Clubs will communicate all safety requirements and expected rules of conduct to all participants as part of registration and gain their agreement to it.	Clubs	24 th October and every	Medium

	Club members		<p>Goalkeepers are responsible for bringing and cleaning their own gloves. Gloves should never be shared with others.</p> <p>During competitive training or match play and at any time before or after, players:</p> <ul style="list-style-type: none"> - must not handle the balls or equipment themselves. - must not shake hands, fist bumps, high fives etc. - must sanitise hands immediately prior to commencing a match/ training and after too. - must not celebrate excessively or collectively and avoid contact with others; - shout towards the face of any other person; or - spit or clear their nose at any time - chew gum <p>Clubs must ensure that only players/coaches and HYIF representatives enter the dome. They must ensure that no spectators enter the Dome unless exceptional needs apply and have been agreed with Watford FC CSE Trust in advance.</p> <p>Clubs must ensure that parents/guardians for U16's and/or</p>	<p>Participants MUST follow the rules of conduct and safety measures put in place by the Club/HYIF/Watford FC CSE Trust.</p> <p>This will overseen by HYIF the Club coaches and anyone who persistently breaches these rules will be required to sit out of the match.</p> <p>Clubs</p>	All Participants	session thereafter	
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			vulnerable players stay onsite but in their vehicles.				
Hygiene Measures	Players, Coaches, Helpers, Club members		<p>Clubs shall ensure they adopt aggressive hygiene measures before, during and after any sessions</p> <p>The Club shall ensure coaches have:</p> <ul style="list-style-type: none"> - the necessary equipment to sanitise their hands and disinfect equipment. - suitably equipped first aid kit with PPE. <p>Paper towels and tissues used to disinfect equipment shall be suitably disposed of using a sealed bag upon disposal. Do not litter or leave on site.</p>	<ul style="list-style-type: none"> ·Frequent hand washing using soap or hand sanitiser for at least 20 seconds. ·Wiping and cleaning of their own personal items and equipment, or surfaces they will be touching. ·Not share any personal items (e.g. water bottle, sanitiser) with members outside of their own household. ·Keep the amount of objects and surfaces they touch to a minimum (particularly surfaces/objects frequently touched by other people). <p>The clubs shall provide the following PPE to all teams as a minimum:</p> <ul style="list-style-type: none"> ·Hand Sanitiser (for coaches) ·Disinfectant Spray ·Paper Towels/Wipes ·Face mask for coach to administer first aid if required. ·Gloves. 	All Participants	25 th October and every session thereafter	Medium
Symptomatic Participants, Households and Vulnerable People	Players, Coaches, Helpers, Club members		Any participant or their household must not participate or turn up to a training session if they are symptomatic. They must self isolate in accordance with Government guidelines and must not return until the period of self isolation has expired, or they have taken a Government administered/approved test which has returned back as negative.	<p>Self assessment section above covers participants obligations to self assess for symptoms prior to every session.</p> <p>In the event that participant becomes ill with COVID-19 symptoms, then they must inform the Club's COVID-19 Safety Officer as soon as possible. The club shall keep an attendance record of all training sessions and their participants to aid with contact tracing (NHS Test and Trace) should the need arise.</p>	All Participants	25 th October and every session thereafter	Medium

			Any participant who are in an at risk group or has been previously advised to shield should continue to exercise caution and return to training and matches only when they feel comfortable.				
Payments	Players, Coaches, Helpers, Club members		Payments (where applicable) shall be via electronic method where reasonably possible.	The Clubs shall adopt an electronic payments system	Clubs	As and when payments are required to be taken	Medium

WATFORD TRAINING DOME RISKS AND ACTIONS

1 - Social Distancing – Entry and Exit management	Players, Coaches, Helpers, Club members	High	Training Ground and training dome to have specific entry and exit points, managed by signage and external user leads – Queuing system in place where appropriate – Clear times for participants to arrive and depart – Systems to be in place before activities can start	<p>On arrival, each participant will be subject to a temperature check at the Security Gate.</p> <p>All participants to wear masks when temperatures are being checked by security.</p> <p>Clubs will ensure that each participant the arrival and departure plan as set out in the Dome Agreement.</p> <p>All persons are expected to wash their hands via the hand sanitiser stations upon arrival and again before departure at the Check in Point. (Entrance to the Dome).</p> <p>Social distancing is to be maintained at all times and a one-way system continues to</p>	Watford Security, All Participants	25 th October. Every match session thereafter	Medium
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				operate and is signposted throughout the training ground			
2 - Social distancing – maximum numbers per activity	Players, Coaches, Helpers, Club members	High	The number of participants per activity to be limited and controlled to maintain social distancing rules at all times	<p>Friendly matches can take place for all players, in groups of no more than 30 (including coaches)</p> <p>Players to be appropriately socially distanced from each other when having drink breaks and not taking part in any part of competitive training.</p> <p>No spitting from any players and coaches</p> <p>Players and coaches should avoid shouting or raise their voices when facing each other</p> <p>No chewing gum allowed by anyone in the Dome</p> <p>No handshakes, high fives or group goal celebrations are allowed.</p>	All Participants	25 th October Every match session thereafter	Medium
3 - PPE and Protective equipment	Players, Coaches, Helpers, Club members	High	<p>PPE to be provided by the Clubs to those that require it including face masks and gloves where necessary/agreed</p> <p>PPE to be in place before activities can start</p>	<p>Clubs to provide any PPE equipment needed to coaches that are delivering sessions and any individuals that may require face masks and gloves whilst at the sessions.</p> <p>If a player needs medical attention and it is not possible to maintain social distancing, the club first aider must wear disposable gloves and face mask.</p>	Club Coaches	25 th October Every match session thereafter	Medium
4 - Signage	Players, Coaches, Helpers, Club members	Med	Signage inside and outside of the Dome	Signage will be displayed throughout the training ground for participants to read	Training Ground Staff	25 th October	Low

5 - Cleaning	Players, Coaches, Helpers, Club members	High	Cleaning arrangements in place Hand sanitisers available/accessible Toilet facilities provided and are compliant with social distancing rules	Hand sanitisers will be available as external users enter and exit the Dome. Clubs must ensure that they disinfect footballs and other required equipment before and after use. Equipment that does not belong to HYIF or the Clubs and is in the Dome is <u>not</u> to be used. All players will use the portable toilets located adjacent to the Dome making sure hand sanitisers are used before and after use of the toilets. If a player needs to sneeze or cough, they must either use a tissue or the crook of their elbow and avoid touching their face. Tissues must be disposed of immediately in a sealed bag/bin and hands washed or sanitised straight away	All Participants	25 th October Every match session thereafter	Medium
6 -Refreshments	Players, Coaches, Helpers, Club members	Low	Refreshments will not be provided for any participants	Clubs should ensure all participants to make sure that any drink refreshments brought to the dome are safely placed in a distinct area. Before and after sessions players and coaches to clear any empty bottles and take any rubbish with them. Food should not be brought into the dome unless medically required.	All Participants	25 th October Every match session thereafter	Low
7 - Comms	Players, Coaches, Helpers, Club members	Medium	Comms to be sent out by Watford FC CSE Trust and HYIF to make players and coaches aware that sessions in the Dome are re- starting and the protocols for attending the matches.	Clubs to have signed and completed the external users COVID agreement to use the training ground facilities. Clubs must ensure there is a COVID officer who communicates all information to the players and coaches regarding any changes in	Clubs	25th October	Medium

			<p>line with government updates and training ground protocols.</p> <p>Before attending the training ground all Clubs must make sure their players and coaches have undergone a self-assessment for any Covid19 symptom each week.</p> <p>Clubs and HYIF should support NHS test and trace efforts by collecting name and contact information on participants that attend the training ground for their session. This information should be stored for 21 days in-line with the Government Recreational Team Sport Framework then deleted and collected/processed in accordance with the Data Protection Act 2018 and in line with GDPR principles.</p> <p>If a club player or coach tests positive and has been at the training ground, the Club COVID officer must contact Watford FC CSE Trust as per the Dome usage agreement and also inform the HYIF COVID Officer.</p>	Clubs/ All Participants	
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SEVERITY	5	5	10	15	20	25
	4	4	8	12	16	20
	3	3	6	9	12	15
	2	2	4	6	8	10
	1	1	2	3	4	5
		1	2	3	4	5
	LIKELIHOOD					

LIKELIHOOD	
5	Almost Certain – Very High Risk
4	Probable – High Risk
3	50/50 – Medium Risk
2	Improbable – Low Risk
1	Almost impossible – Low Risk

SEVERITY	
5	Fatality – Very High Risk
4	Severe incapacity – High Risk
3	Absent 3 weeks – Medium Risk
2	Absent less than 1 day – Low Risk
1	Insignificant – Low Risk

1–4 LOW	5–9 MEDIUM	10–15 HIGH	16–25 VERY HIGH
Continue with existing control, however monitor for changes. Implement any additional control measures required, within the timescales given in the risk assessment.	Requires attention to reduce the rating as well as regular ongoing monitoring. Implement any additional control measures required, within the timescales given in the risk assessment.	Requires immediate attention to bring the risk down to an acceptable level. Implement the control measures required, within the timescales given in the risk assessment and continue to review working practices to reduce the probability of an accident to the lowest possible level.	Stop immediately – the risk is too high. Take immediate action to reduce the risk to the lowest level possible.